



SARA HAINES

Co-host of ABC News' "The View"

Sara Haines is a co-host of ABC's Emmy® Award-winning daytime talk show "The View" and a correspondent on ABC's hidden camera show "What Would You Do?"

Haines originally served as co-host of "The View" from 2016 to 2018, during Seasons 20 and 21, and returned to the panel in 2020 for Season 24. Haines also hosts ABC's primetime game show "The Chase" and previously co-hosted ABC News' "GMA 3: Strahan, Sara & Keke."

Prior to her association with ABC News in 2013, Haines was part of the fourth hour of NBC's "Today" alongside Kathie Lee Gifford and Hoda Kotb, a position she held from 2009 to 2013. In 2008, she began online reporting as host of the program's entertainment video blog, "Backstage Pass," interviewing countless celebrity entertainers, actors and musicians.

Haines came aboard "Today" in 2002 as a production coordinator. Prior to joining NBC News, she was a member of NBC's page program.

Haines graduated from Smith College in Northampton, Massachusetts, where she received a Bachelor of Arts in government. She is a native of Newton, Iowa. She currently resides in New Jersey with her husband, Max, and three young children, Alec, Sandra and Caleb.

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