

July 25, 2025

PROGRAMMING HIGHLIGHTS FOR
ABC NEWS' 'GOOD MORNING AMERICA' AND 'GMA3,'
JULY 28-AUG. 2



ABC News*

The following report highlights the programming of ABC's Emmy® Award-winning "Good Morning America" and Emmy Award-nominated "GMA3" during the week of July 28-Aug. 2. "Good Morning America" is a two-hour, live program airing Monday-Friday (7:00-9:00 a.m. EDT) and Saturday-Sunday mornings (check local listings) on ABC. "GMA3" is a one-hour program airing weekdays at 1:00 p.m. EDT/12:00 p.m. CDT on ABC. Simone Swink is the senior executive producer for both programs.

Highlights of the week include the following (subject to change):

"Good Morning America"

Monday, July 28 — Actresses **Lindsay Lohan** and **Jamie Lee Curtis** ("Freakier Friday"); co-founders of Grill Rescue, **Anthony Tranchida** and **Scott Mobley**, with summer grilling safety tips; My Kind of Town series with ABC News' **Will Ganss**, highlighting Rebel Nell in Detroit; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**

Tuesday, July 29 — Actor **Chad Michael Murray** ("Freakier Friday"); chef **Frankie Celenza** ("Eat: Easy, Affordable, Tasty"); dietitian **Maya Feller** on why meals are getting saltier; My Kind of Town

series with ABC News' **Will Ganss**, highlighting Shear Hope Collective in the Twin Cities; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**

Wednesday, July 30 — Actors **Dave Franco** and **Alison Brie** ("Together"); actor **Manny Jacinto** ("Freakier Friday"); Editor-in-Chief of Cars.com **Jenni Newman** shares car seat safety tips; My Kind of Town series with ABC News' **Will Ganss**, highlighting La La Land Kind Cafe in Dallas; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**

Thursday, July 31 — Actor **Mario Cantone** ("And Just Like That..."); Editor-in-Chief of Elle and "Project Runway" judge **Nina Garcia**; Miracle Treat Day, celebrating the 40th birthday of the Blizzard with Dairy Queen franchise owner **David Gillespie**; Deals & Steals with ABC e-commerce editor **Tory Johnson**

Friday, Aug. 1 — "GMA" Summer Concert series, featuring a musical performance by **Manuel Turizo**; 50 States in 50 Weeks: America the Beautiful series stops in Connecticut; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**

Saturday, Aug. 2 — ABC Secret Sales special

"GMA3"

Monday, July 28 — Actresses **Julia Butters** and **Sophia Hammons** ("Freakier Friday"); My Kind of Town series with ABC News' **Will Ganss**, highlighting Rebel Nell in Detroit; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**; "GMA" Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Tuesday, July 29 — Actor **Chad Michael Murray** ("Freakier Friday"); The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**; ABC Secret Sales with ABC7NY meteorologist **Dani Beckstrom**; "GMA" Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Wednesday, July 30 — Actor **Manny Jacinto** ("Freakier Friday"); My Kind of Town series with ABC News' **Will Ganss**, highlighting La La Land Kind Cafe in Dallas; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**; "GMA" Health Alert with ABC News medical correspondent **Dr. Darien Sutton**

Thursday, July 31 — Editor-in-Chief of Elle and "Project Runway" judge **Nina Garcia**; Deals & Steals with ABC e-commerce editor **Tory Johnson**; "GMA" Health Alert with ABC News chief medical correspondent **Dr. Tara Narula**

Friday, Aug. 1 — A musical performance by **Manuel Turizo**; actor and singer **James Monroe Iglehart** ("SuperKitties"); 50 States in 50 Weeks: America the Beautiful series stops in Connecticut; The Right Stuff series with "GMA" lifestyle contributor **Lori Bergamotto**

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