



BIOGRAPHY



JESSE PALMER

Host of ABC's Bachelor Franchise

Jesse Palmer is the host of ABC's "The Bachelor" franchises while also hosting The Food Network's popular "Spring Baking Championship," "Summer Baking Championship" and "Holiday Baking Championship." A former quarterback for the University of Florida as well as the New York Giants and San Francisco 49ers, he is also a college football analyst on ESPN and ABC. In July 2024, he gained a host of new fans through his game calls and presence in the anticipated return of EA Sports' College Football '25 video game.

He has also served as host of the Emmy® Award-winning DailyMail TV, "The Proposal," "The Ultimate Surfer" and Disney Parks' holiday specials. Palmer was a special contributor for "Good Morning America" as well as a contributor across all ABC News platforms focusing on major stories, news of the day and signature live events.

In fall 2024, Palmer combined his deep roots in fashion and sports with the launch of his clothing line, J.Palmer, in partnership with Fanatics.

PERSONAL INFORMATION

HOMETOWN: Toronto, Canada

BIRTHDATE: October 5

-- 2025 --