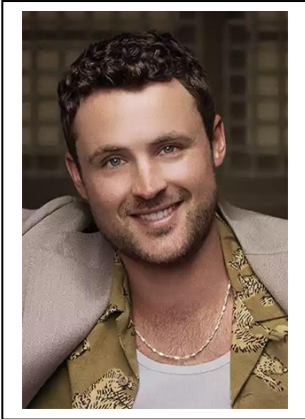




## BIOGRAPHY



### **DYLAN EFRON**

*Contestant on ABC's "Dancing with the Stars"*

Dylan Efron is a producer, content creator and outdoor enthusiast known for his compelling presence across digital media and television. In 2025, Efron was crowned the winner of the third season of "The Traitors," where his authenticity and sharp gameplay earned him a Critics' Choice nomination for Male Star of the Year. Originally from California, Efron began his career behind the scenes on major films like "American Sniper" and "A Star Is Born," before stepping into his own spotlight as a creator, athlete and media personality whose work continues to engage and

inspire a global audience.

After gaining widespread recognition as the co-producer and co-star of Netflix's Emmy® Award-winning eco-travel series "Down to Earth with Zac Efron," which premiered at No. 1 globally, Dylan continues to produce compelling digital content that showcases his passion for sustainability, exploration and immersive storytelling. Most recently, he released the 2025 documentary "The Village That Saved a Fish," which follows a remote Guyanese village working to protect an endangered species. The film surpassed 1 million views in its first week. He also has hosted "Flow State," a series that documents extreme physical challenges and adrenaline-driven storytelling.

A former competitive athlete, Efron has completed Ironman races and ultramarathons, and is widely regarded as a leading voice in the outdoor and endurance space with his global climbing and slacklining adventures. His extremely active lifestyle has landed him partnerships with top brands, including Vuori, GoPro, Yeti, Michelob ULTRA and Columbia Sportswear, blending high-performance content with authenticity.

This coming fall, audiences will continue to fall in love with Efron as they watch him compete on Season 34 of "Dancing with the Stars."

### **PERSONAL INFORMATION**

HOMETOWN: San Luis Obispo, California

BIRTHDATE: February 6