



DR. DARIEN SUTTON

ABC News Medical Correspondent and Emergency Medicine Physician

Dr. Darien Sutton is a board-certified emergency medicine physician and medical correspondent for ABC News, where he covers the intersection of medicine, technology and public health.

His reporting spans the health effects of smartphones and wearable devices, disease outbreaks and zoonotic infections, advances in therapeutics, healthcare access and coverage, and the growing impact of the modern food system and ultra-processed diets on chronic disease.

He is known for translating complex science into clear, evidence-based reporting that centers public understanding and equity.

Dr. Sutton began his relationship with ABC News as an intern during residency and returned as a contributor during the COVID-19 pandemic, later becoming a full-time correspondent. His coverage has included emerging weight-loss and cardiovascular therapies, FDA approvals of first-in-class medications, maternal and infant health, and evolving CDC guidance during infectious disease surges. He currently practices emergency medicine in New York City, where his frontline clinical work continues to inform his reporting.

Dr. Sutton trained at Bellevue Hospital, where caring for patients across New York City deepened his focus on structural inequities in healthcare related to race, gender identity, sexual orientation and socioeconomic status.

He is a graduate of New York University, earning his M.D. from the NYU School of Medicine and an MBA from the NYU Stern School of Business.