

HIGHLIGHTS FOR ABC NEWS' 'GMA3: WHAT YOU NEED TO KNOW,' AUG. 5-9

The following report highlights the programming of ABC's "GMA3: What You Need to Know" during the week of Aug. 5-9. "GMA3: What You Need to Know" is a one-hour program co-anchored by Eva Pilgrim and DeMarco Morgan. The news program airs weekdays at 1:00 p.m. EDT | 12:00 p.m. CDT on ABC, and 4:00 p.m. and 6:00 p.m. EDT on ABC News Live.

Highlights of the week include the following:

Monday, Aug. 5 – SiriusXM host and ABC News contributor Mike Muse shares the latest headlines from Hollywood; author Melissa Urban ("The New Whole30"); a musical performance by Carrie Underwood

Tuesday, Aug. 6 – New York Fire Department Commissioner **Laura Kavanagh**; ABC News medical correspondent **Dr. Darien Sutton** answers viewer questions; Kindness Card Movement founder **Jason Wright** shares his work of spreading kindness around the world

Wednesday, Aug. 7 – ABC News Live anchor **Kyra Phillips** interviews artists featured in the Country Music Hall of Fame and Museum's exhibit "From Where I Stand"; Deals & Steals with ABC's ecommerce editor **Tory Johnson**; **Jonathan Hayward** discusses the Festival Orchestra of Lincoln Center's performance of "Summer for the City"

Thursday, Aug. 8 – Actress **Myha'la** ("Industry"); Parents magazine Editor-in-Chief **Grace Bastidas** reveals the 2023 Parents Kids' Sleep Awards; **DeMarco Morgan** sits down with Mike Brown's mother, **Lezley McSpadden**, 10 years after her son was shot and killed by a police officer in Ferguson, Missouri; rapper **Styles P** discusses his work to eradicate food deserts in the United States

Friday, Aug. 9 – Actors Ryan Reynolds and Hugh Jackman ("Deadpool & Wolverine"); chef Eric Adjepong makes Chesapeake crabcakes ("Wildcard Kitchen"); ABC News medical correspondent Dr. Darien Sutton shares tips to prevent sun poisoning this summer; ABC News Live anchor Kayna Whitworth travels to a dairy farm in Fond du Lac county to talk with farmers about the presidential election and the issues of most concern as they head to the polls in November

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