



BIOGRAPHY



JEN AFFLECK

Contestant on ABC's "Dancing with the Stars"

Jen Affleck is a social media influencer and reality television star known for her role in Hulu's hit reality TV series "The Secret Lives of Mormon Wives." When she is not filming her TV show or her next viral TikTok, she and her husband, Zac Affleck, are spending quality time with their two children: daughter Nora and son Luca, with another on the way.

Affleck started her career as a successful content creator with almost 4 million followers across all her social platforms. She gained popularity through her #MomTok content, which showcases her bubbly personality and daily life as a Mormon mother, leading to her current journey in television. Despite facing challenges from her mental health to her relationships, Affleck remains dedicated to her family and faith, using her platform to build a community full of fun and joy.

Follow Jen Affleck on [Instagram](#) and [TikTok](#).

PERSONAL INFORMATION

HOMETOWN: San Francisco, California

BIRTHDATE: May 29